

# **FEBRUARY 3, 2020**

### NewsFlash Volunteer opportunities, events, and activities for youth 15 to 29

**Special Event Volunteer | The Bateman Foundation Gallery of Nature** An events volunteer would assist in facilitating after hour events. Special Events Volunteers would help keep an extra set of eyes on the artwork during events, assist in crowd control, and perform some set-up and takedown duties. Ideally a rental support volunteer would be available for the whole event/venue rental and be comfortable speaking with the public.

**English Language Comprehension:** Level 3- Professional working proficiency

**Benefit to Volunteer:** Volunteering at The Bateman Foundation will not only benefit the volunteer through a greater appreciation for the arts and preservation of nature, a volunteer will also enjoy free admission and gallery membership after 20 hours of service. The Bateman Foundation also hosts annual Volunteer appreciation nights.

**Time Commitment:** Our volunteers usually commit to 4-5 hours per week. That said, we are flexible with scheduling and are happy to accept however many hours the volunteer is comfortable with donating.

Contact: Sydney Trépanier - volunteer@batemanfoundation.org

#### Youth Volunteer | Youth 2020 Can

If you are between 15 and 29 you're invited to join Youth 20/20 Can! Volunteers meet regularly to share ideas about projects, events, or activities that matter to them they want to lead and manage in community. Once youth have identified projects, the volunteers partner with community members to plan and host events, activities, or projects everything from learning about food security issues, to creating murals, and hosting activities at festivals and conferences. Volunteers are supported by Youth Engagement Workers who help coordinate events and activities and meet with youth to make sure their needs are being met.

**Benefit to Volunteer:** Volunteers are invited to participate in 3 free training sessions over the course of the year on topics that are chosen by youth to help them build skills and learn.

**Time Commitment:** Participate in planning, volunteering, and/or training events for an average of 10 hours per month.

Contact: Meghan Soutar at meghan@volunteervictoria.bc.ca

#### **Environmental Volunteer | Greater Victoria Green Team**

Join the Greater Victoria Green Team and help restore habitat throughout the Capital Regional District. We post upcoming volunteer activities on our Meet-up page (<u>https://www.meetup.com/Greater-Victoria-Green-</u> <u>Team/</u>). We have about 60 activities per year ranging from 3-5 hours long. The program is very flexible to join - you can sign up for as many activities as you would like! Activities range from removing invasive plants, planting native vegetation, cleaning up the shoreline and helping out on local farms!

English Language Comprehension: Working proficiency.

**Benefit To Volunteer:** There are many benefits to volunteering with our Team:

- Learn about local parks
- Help restore ecosystems!
- Learn about different ecological restoration techniques
- Learn how to identify plants in a hands-on way
- Get exercise outdoors
- Meet new people and make new friends
- Develop team-work and leadership skills
- Acquire necessary volunteer hours
- Great volunteer references letters provided!
- And much more!

Time Commitment: Start anytime! We run 60 activities per year that take place all year long! Join our Meet-up team here (no volunteer application necessary): <u>https://www.meetup.com/Greater-Victoria-Green-Team/</u> Contact: Amanda Evans (Program Manager of the Greater Victoria Green Team): <u>amanda@greenteamscanada.ca</u>, 778-677-9078, https://www.meetup.com/Greater-Victoria-Green-Team/

# Volunteer Naturalist | Shaw Centre for the Salish Sea

Join our team of dedicated volunteers and have some fun down near the water in Sidney. Greet our visitors and help them explore the habitats and marine life of the Salish Sea. Don't worry; you don't need to be an expert. We provide the training you need to answer questions about our marine life. It's the knowledge and friendliness of our volunteers that inspire our visitors to return again and again.

**English Language Comprehension:** Working proficiency **Benefit to Volunteer:** 

- Learn about the Salish Sea bio-region and conservation. We provide the training.
- Meet new people. We have a wonderfully diverse team
- Receive a reference after 60 hours of volunteering
- Enrichment and social events
- Give back to the community and your environment

**Time Commitment:** We require a minimum commitment of 60 hours as the training is quite extensive, working a minimum of 5 hours per month. Each shift is 2.5 hours and includes a short enrichment/briefing session so you can learn something new, or update your knowledge on our animals and their habitats.

**Contact:** Tara Gilroy-Scott. Apply on-line through Volunteer Victoria or on our volunteer web page at <u>www.salishseacentre.org</u>

# **Tour Guides/Tea Assistants/Gardeners | Point Ellice House**

(Must be aged 19 or older for this opportunity.)

Telling the stories of the O'Reilly family during the 3 generations they occupied the historic house, or assisting the service of teas in the Secret Tea & Vintage Shoppe, working in the gardens under direction of Head Gardener/Horticulturist.

**English Language Comprehension:** Conversant in English, able to communicate with the public.

**Benefit to Volunteer:** Involving oneself in the history of the house and grounds, occupied for 108 years by the O'Reilly family.

Start Date/Time Commitment: Immediate, for 3 hours per week. Contact: Shirley at <u>sap38@shaw.ca</u>

# **Restoration Assistant | Saanich Pulling Together Volunteer Program**

Come work your muscles and your mind with us. Our volunteers work on high rocky outcrops, creek side forests, wetlands, wildflower meadows and waterways. This hands-on, inclusive, ecological restoration program has been in place since 1999. We remove invasive species that damage park ecosystems and plant back with native species. Our events are drop-in and can fit with your schedule. Our events are posted on our web calendar. Find a date and location that works for you and check in with our Coordinator of Volunteers for details.

http://www.saanich.ca/EN/main/parks-recreation-culture/parks/naturalareas/volunteer-for-pulling-together.html

English Language Comprehension: Working proficiency.

**Benefit To Volunteer:** Work your muscles and your mind & get dirty doing something you care about and:

- Meet like-minded new people and work as part of a team
- Explore career options in the natural world.
- Improve the ecological health of your parks.
- Learn about new parks you may not have visited before.
- Increase your understanding of ecological issues in parks.
- Build knowledge and skills related to ecosystem restoration and natural systems.
- Build stewardship and habitat restoration skills.
- Participate in ongoing ecological research.
- Get active in your community and try something new

**Time Commitment:** We are always welcoming new volunteers to our flexible, no-guilt volunteer program. Drop in and join us when you can. **Contact:** Jenny Eastman, Coordinator of Volunteers - Saanich Pulling Together Volunteer Program. Call 250.889.5334 or e-mail jenny.eastman@saanich.ca.

# **Multiple positions | The Mustard Seed**

We have volunteer positions available to be filled throughout the entire organization, but currently the biggest need would be saving food at the Food Rescue Distribution Centre in Esquimalt.

**Time Commitment:** These positions are 9 am - noon shifts available Monday through Saturday.

**Description Of Volunteer Position:** This position handles cleaning and gleaning of produce and foodstuffs brought in from around Victoria. Through the work of these folks thousands of pounds of good fresh produce stays out of the landfills each week, providing food for thousands of local families and individuals.

**Benefits To Volunteer:** Besides helping thousands of folks and the environment, this position also develops many transferable interpersonal, management and leadership work skills. Come join the community serving community to help balance out social, economic and the gaps which exist locally.

English Language Comprehension: Working proficiency.

**Contact:** Please let us know if you're interested in this or other volunteer opportunities with us by email <u>volunteer@mustardseed.ca</u> or ask for Ted at 250.220.6991.

# Leisure Assistant Volunteer | Recreation Integration Victoria

Recreation Integration Victoria is looking for volunteers to help individuals with disabilities become more active and involved in their communities. Participate in recreational and leisure activities you enjoy while providing companionship for others. No experience required.

**English Language Comprehension:** Working proficiency **Benefit To Volunteer:** You will gain knowledge and skills in supporting a persons with a disability and as well will have a major role in improving inclusion for peoples with disabilities.

Time Commitment: Flexible time commitments. Let us know what your

schedule is like.

**Contact:** Contact Katie the Leisure Assistance Coordinator at 250-477-6314 ext. 205 or <u>volunteers@rivonline.org</u>.

# **SEARCH FOR MORE**

Have any questions about NewsFlash? Want to know more about volunteer opportunities for youth? Please contact Meghan at <u>meghan@volunteervictoria.bc.ca</u>.