

# Mount Doug Athletics 2024 Fall Sports Schedule Information Meetings, Practice Dates & Times

#### Football (Juniors/J.V.: Grades 9&10)

Meeting for **new** players not already with the team:

Wed,, Sept.4th at 3:15PM in the gym

Practice Days:

Mon., Tue., Wed. or Thu., Fri. @ 5PM on the school field

Head Coaches: Coach Naylor & Coach Dodd

Teacher Sponsor: Mr. Ball

## Football (Seniors/Varsity: Grades 11&12)

Meeting for **new** players not already with the team:

Wed,, Sept.4th at 3:15PM in the gym

Practice Days:

Mon., Tue., Wed., Thu., @ 5PM on the school field

Head Coaches: Coach Naylor & Coach Dodd

Teacher Sponsor: Coach Turnbull

#### Girls Volleyball (Junior: Grades 9&10)

Information Meeting:

Thu., Sept. 5th at the start of lunch in the gym

Tryout Dates & Times:

Fri., Sep. 6<sup>th</sup> at 2:00pm & Wed. Sep. 11th at 3:30pm

Regular Practice Days and Times: Tue. & Wed. at 3:30pm

Coach: Coach Currie Teacher Sponsor: Mr. Ball

#### Girls Volleyball (Senior: Grades 11&12)

Information Meeting:

Thu., Sept. 5th at the start of lunch in the gym

Tryout Dates & Times:

Mon, Sep. 9th and Tue, Sep. 10th at 4:00pm

Regular Practice Days and Times: Mon. & Thu. at 4:00pm

Head Coaches: Coach Knapett and Coach Chapman

Teacher Sponsor: Mr. Ball

## **Boys Volleyball (Junior: Grades 9&10)**

Information Meeting:

Wed., Sept. 4th at the start of lunch in the gym

Tryout Dates & Times:

Thu., Sept. 12<sup>th</sup> at 6:00pm, Fri., Sept. 13<sup>th</sup> at 4:00pm

Regular Practice Days and Times: Mon., Tue., Thu. at 6pm

Coaches: Coach Eng and Coach Parker

Teacher Sponsor: Mr. Ball

#### **Boys Volleyball (Senior: Grades 11&12)**

Information Meeting:

Wed., Sept. 4<sup>th</sup> at the start of lunch in the gym

Tryout Dates & Times:

Mon., Sept 9th and Tue., Sept. 10th at 6:00pm

Practice Dates and Time: Mon., Tue., Thu. at 6pm

Head Coaches: Coach Yee and Coach Johnson

Teacher Sponsor: Mr. Ball

# **Boys Soccer (Senior: 9-12)**

Information Meeting:

Thu., Sept. 5th after school in the gym

Tryout Dates & Times:

First Tryout – Fri., Sept. 6<sup>th</sup> at 2:30PM at Tyndall turf

Practice Day:

Friday after school on the Tyndall turf

Game Days:

Tuesdays and Thursdays after school – home games at Tyndall

Head Sr. Coach: Mr. Sails

We will only run a Junior team if there are enough players for a senior team in Grades 11 & 12 and at least 18 junior aged players.

This is unlikely to happen – all grades may try out for the senior team

#### Rowing (Junior and Senior: 9-12)

Information Meeting:

Thurs., Sept. 5<sup>th</sup> at the start of lunch in Room 105

Swim Test:

Fri. Sept. 6th at Elk Lake – time TBA. All athletes must pass this

Practices:

Wed. & Fri. @ 3:45PM, Sat. @ 10:15AM at Elk Lake.

**Dryland Practices (Optional):** 

Mon., Tue. @ 3:15PM in Annex 4 and school weightroom

Coach: Mr. McLaren

## **Girls Field Hockey (Senior: 9-12)**

Information Meeting:

Fri., Sept. 7th at lunch in the gym

Practices:

Typically Tuesday or Thursday before school at the UVic Turf

Games

Mon./Wed., 3:30-4:30 OR 4:30-5:30 at UVic Turf

Coaches: Coach Won, Coach Siletta, and Coach Mantell

Teacher Sponsor: Mr. Ball

# Swimming (9-12)

Information Meeting:

Thu., Sept. 12th at the start of lunch in Room 223

Practices: Times TBA at Gordon Head Pool

Coach: Ms. Lindsay

#### **Cross Country (Junior and Senior: 9-12)**

Information Meeting:

Monday, Sept. 9th at the start of lunch in the gym

Practice Days and Times:

Typically Monday or Friday after school

Meet Days and Times:

1 race per week either Wednesday or Thursday after school

Coach: Coach Kidd

Teacher Sponsor: Mr. Ball

Please listen to all morning announcements for any changes or additions to this schedule. If you have any questions, please contact Athletic Director Mr. Ball at cball@sd61.bc.ca