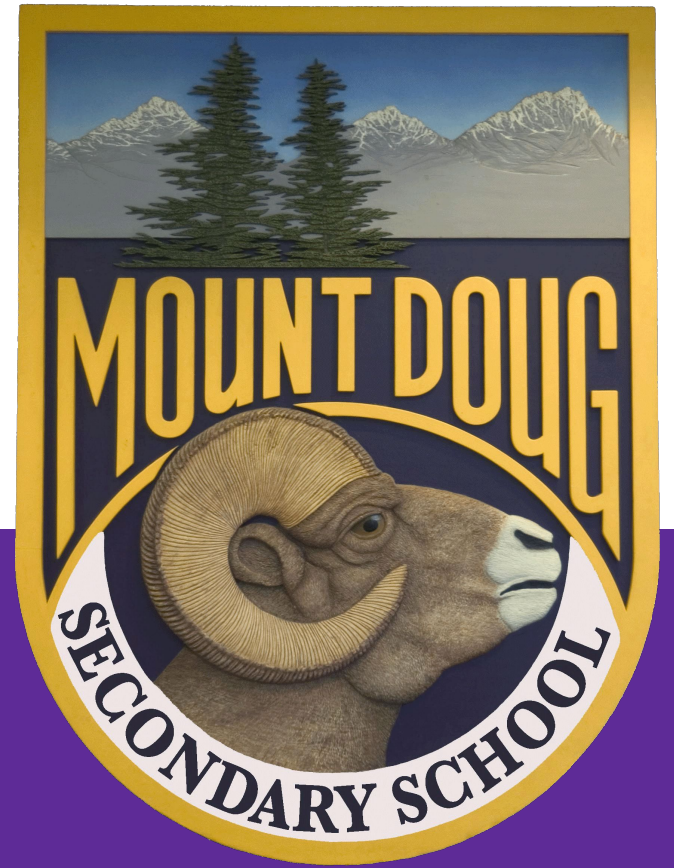


Mount Douglas Secondary School

2025-26 Grade 10
Course Selection
Information



MOUNT DOUGLAS SECONDARY SCHOOL

TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:52	A	B	A	B	8:30 - 9:37 A
Break	9:52 - 10:00	9:52 - 10:00	9:52 - 10:00	9:52 - 10:00	9:37 - 9:45
10:00-11:22	B	A	B	A	9:45 - 10:53 B
Lunch	11:22 - 12:12	11:22 - 12:12	11:22 - 12:12	11:22 - 12:12	10:53 - 11:23
12:12-1:34	C	D	C	D	11:23 - 12:30 C
Break	1:34-1:42	1:34-1:42	1:34-1:42	1:34-1:42	12:30 - 12:38
1:42-3:04	D	C	D	C	12:38 - 1:45 D

About Mt. Douglas

Bell Schedule

Grade 9's into Grade 10 Course Planning



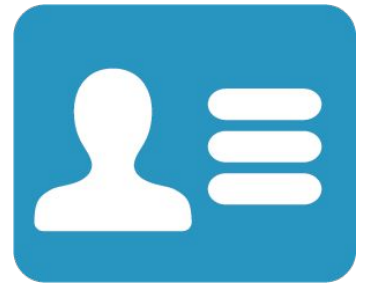
- Listen carefully (it's easy to make a mistake)
- You are NOT making selections today. Go home and talk to your parents/guardians about your courses

<https://mountdoug.sd61.bc.ca/student-info/post-secondary-information/>

- Grade 10 Course Selection forms due Feb. 18th
- All course offerings are available on the Mount Doug Website:

<https://mountdougcourses.sd61.bc.ca/>

GRADE 10 COURSE PLANNING SHEET



Please fill out the personal data section using pen now

Mount Doug Secondary School 2025-2026: Grade 10 Course Planning

Student Information (please print using pen)

Challenge	<input type="checkbox"/>
ELL	<input type="checkbox"/>
International	<input type="checkbox"/>

10

Last Name: _____ First Name: _____ Student #: _____
(Legal and Common Name)

School attended (in 2024/25): _____ Grade (in 2024/25): _____

Usual Name: _____ Preferred Pronoun (optional): _____ Student Phone#: _____

GRADUATION PROGRAM

To graduate, students will require 80 credits level (including English 12 and CLC)

Other required courses:

- Two Career Education courses (8 credits): CLE and CLC
- Physical Health & Education 10 (4 credits)
- Science 10 (4 credits), and a Science 11 (4 credits)
- Social Studies 10 (4 credits), and a Social Studies 11 or 12 (4 credits)
- A Math 10 (4 credits), and a Math 11 (4 credits)
- A Language Arts 10, 11 & 12 (12 credits)
- An Arts Education 10, 11, or 12 and/or an Applied Design, Skills, and Technologies 10, 11, or 12 (4 credits)
- An Indigenous focused graduation course (either a Language Arts 10 or 12, or a Socials 12)



GRADUATION PROGRAM

In addition, students will also be required to complete three Provincial Graduation Assessments in literacy and in numeracy.



- Gr. 10 Numeracy Assessment
- Gr. 10 Literacy Assessment
- Gr. 12 Literacy Assessment

Grade 10 Required Courses



Math



English Language
Arts



Science



Social Studies

In order to be in a position to graduate in grade 12, you **MUST** complete the following courses...

- English 10, Social Studies 10, a Math 10, Science 10, & PHE 10

Grade 10 Required Courses



Math



English Language
Arts



Science



Social Studies

Required Courses – Students must select 8 courses inside the timetable

**Courses open for students accepted in the Challenge Program.*

MCMPS10---	<input type="checkbox"/> Literary Studies 10 / Composition 10	
MEFWR10---	<input type="checkbox"/> EFP Literary Studies 10 / EFP Writing 10 – This course will fulfill the Indigenous content requirement for graduation.	
MCMPS10C--	<input type="checkbox"/> <i>Literary Studies 10 Challenge / Composition 10 Challenge*</i> – for students accepted in the Challenge Program	
MSPLG10---	<input type="checkbox"/> English 10 for ELL Linear	
YESFL0AX--		
	Mathematics 10 Choose 1:	
MFMP-10---	<input type="checkbox"/> Foundations of Mathematics and Pre-calculus 10	
MFMP-10H--	<input type="checkbox"/> Foundations of Mathematics and Pre-calculus 10 Honours - students selected on teacher recommendations	
MFMP-10C--	<input type="checkbox"/> <i>Foundations of Mathematics and Pre-calculus 10 Challenge*</i> - for students accepted in the Challenge Program	
MWPM-10---	<input type="checkbox"/> Workplace Mathematics 10	
	PHE 10 choose 1:	*Sometimes due to timetable scheduling restraints, students don't always get their first choice of PHE (Co-Ed vs. gendered class). If this is a concern, please note on form in this box.*
MPHED10B--	<input type="checkbox"/> PHE 10 Boys	
MPHED10G--	<input type="checkbox"/> PHE 10 Girls	
MPHED10---	<input type="checkbox"/> PHE 10 Co-Ed	<i>For students who elect to take band, PHE will be a linear CO-ED course and will be automatically added to timetables</i>
MSC--10---	<input type="checkbox"/> Science 10	
MSC--10C--	<input type="checkbox"/> <i>Science 10 Challenge*</i> – for students accepted in the Challenge Program	
MSS--10---	<input type="checkbox"/> Social Studies 10	
MSS--10C--	<input type="checkbox"/> <i>Social Studies 10 Challenge*</i> – for students accepted in the Challenge Program	

English 10 Areas of Choice

- English 10 is earned as 2 2-credit courses instead of one 4 credit course. Credit for both 2-credit courses are earned during a grade 10 student's English course.



**Courses open for students accepted in the Challenge Program.*

	English 10 Choose 1:
MCMP10---	<input type="checkbox"/> Literary Studies 10 / Composition 10
MEFWR10---	<input type="checkbox"/> EFP Literary Studies 10 / EFP Writing 10 – This course will fulfill the Indigenous content requirement for graduation.
MCMP10C--	<input type="checkbox"/> <i>Literary Studies 10 Challenge / Composition 10 Challenge*</i> – for students accepted in the Challenge Program
MSPLG10---	<input type="checkbox"/> English 10 for ELL Linear
YESFL0AX--	

English 10 Courses

- Literary Studies / Composition 10
- English First Peoples Literary Studies / EFP Writing 10
- English 10 for ELL Linear

Math Selection Process

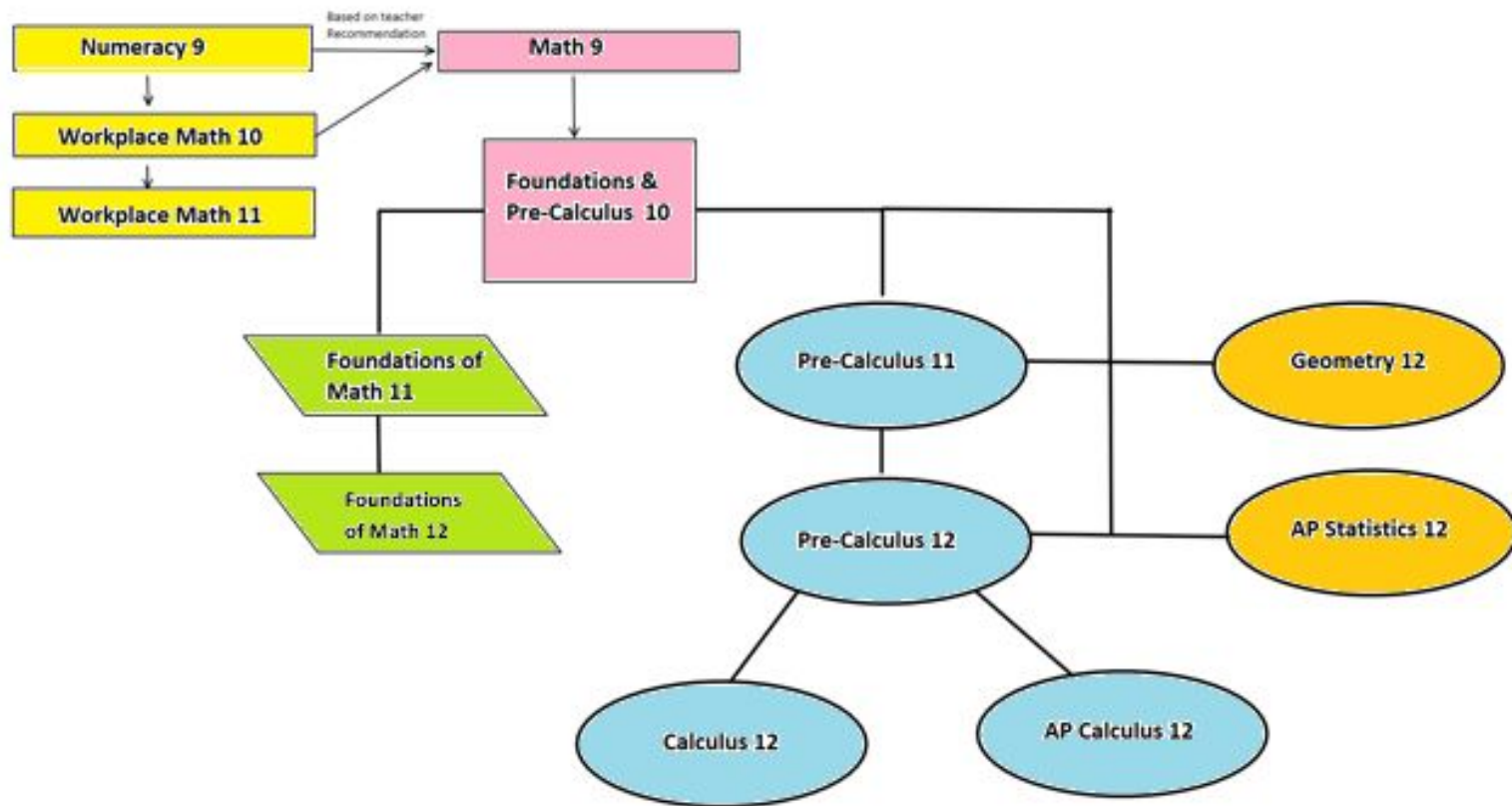


Mathematics 10 Choose 1:

MFMP-10---	<input type="checkbox"/> Foundations of Mathematics and Pre-calculus 10
MFMP-10H--	<input type="checkbox"/> Foundations of Mathematics and Pre-calculus 10 Honours - <i>students selected on teacher recommendations</i>
MFMP-10C--	<input type="checkbox"/> Foundations of Mathematics and Pre-calculus 10 Challenge* - <i>for students accepted in the Challenge Program</i>
MWPM-10---	<input type="checkbox"/> Workplace Mathematics 10

- See your grade 9 math teacher for guidance/advice. Be honest and realistic
- Discuss your teacher's recommendation with your parents
- The general guideline is that you should have earned a 67 or higher (proficient or extending) to study in the "Foundations and Pre-Calc" pathway
- A second math pathway is Workplace 10
- Remember that for colleges, many programs have math upgrading available for you if necessary, or math upgrading is already built into the program

MATH PATHWAYS at Mount Douglas Secondary



Honours Math



Mathematics 10 Choose 1:

MFMP-10---	<input type="checkbox"/> Foundations of Mathematics and Pre-calculus 10
MFMP-10H--	<input type="checkbox"/> Foundations of Mathematics and Pre-calculus 10 Honours - students selected on teacher recommendations
MFMP-10C--	<input type="checkbox"/> <i>Foundations of Mathematics and Pre-calculus 10 Challenge*</i> - for students accepted in the Challenge Program
MWPM-10---	<input type="checkbox"/> Workplace Mathematics 10

- Select math honours - if you are interested in being considered for the course
- Acceptance into math honours will be determined by the math department based on the application process and teacher recommendation
- A math honours class will run only if there is enough interest
- Additional information is available on the Mt Doug website

<https://moundoug.sd61.bc.ca/programs-courses/honours-program/>

Languages



Bonjour



Hola



Ciao

- As of September 2026, UBC and SFU will no longer be requiring a second language at the grade 11 level for entrance. Language requirements remain in effect for American universities.

Grade 10 Electives



Electives – Choose 3 and rank in order of preference (1, 2, or 3) and choose 2 alternates (write A1 or A2 in ranking column)

		Ranking
MAC--11---	<input type="checkbox"/> Accounting 11	
YESFL0AX--	<input type="checkbox"/> Beginners ELL 10	
MMACS11---	<input type="checkbox"/> Computer Science 11 (if taken ICT9)	
MMUCB10--L	<input type="checkbox"/> Concert Band 10 (linear with PHE)	
MIDS-0B---	<input type="checkbox"/> Dance: Hip Hop 10	
MDCF-10---	<input type="checkbox"/> Dance Foundations 10	
MDNTP10---	<input type="checkbox"/> Dance Technique and Performance 10	
MTDRF10---	<input type="checkbox"/> Drafting and Design 10	
MDRM-10---	<input type="checkbox"/> Drama 10	
MTEXP10---	<input type="checkbox"/> Engineering 10	
MADEM10---	<input type="checkbox"/> Entrepreneurship and Marketing 10	
MFOOD10---	<input type="checkbox"/> Food Studies 10	
MFR--10---	<input type="checkbox"/> French 10	
MFR--11---	<input type="checkbox"/> French 11	
MFR--12---	<input type="checkbox"/> French 12	
MMUGT10---	<input type="checkbox"/> Guitar 10	
	<input type="checkbox"/> <i>Beginner</i> or <input type="checkbox"/> <i>Advanced</i>	

		Ranking
MWBDV10IT-	<input type="checkbox"/> Info and Comm. Technology 10	
MBIT-11	<input type="checkbox"/> Introductory Italian 11	
MBSP-11---	<input type="checkbox"/> Introductory Spanish 11	
YED--0AX---	<input type="checkbox"/> Learning Strategies 10 * Parent/Teacher Recommendation	
MMAP-11---	<input type="checkbox"/> Marketing 11	
MMEDD10---	<input type="checkbox"/> Media Design 10	
YPR--0BX--	<input type="checkbox"/> Outdoor Education 10	
MVAPH10---	<input type="checkbox"/> Photography 10	
MTPOW10---	<input type="checkbox"/> Power Technology 10	
MTEAR10---	<input type="checkbox"/> Robotics 10	
MSTX-0A---	<input type="checkbox"/> Skills Explorations 10	
MSP--10---	<input type="checkbox"/> Spanish 10	
MTXT-10---	<input type="checkbox"/> Textiles 10	
MVAST10---	<input type="checkbox"/> Visual Arts: Art Studio 10	
MCMPR11W--	<input type="checkbox"/> Web Development 11 (if taken ICT9)	
MWWK-10---	<input type="checkbox"/> Woodwork 10	
YPA--0CX--	<input type="checkbox"/> Yoga for Mindfulness 10	

New Course Offerings

- Engineering 10
- Textiles 10

Course Offerings

<https://mountdougcourses.sd61.bc.ca/>

VIEW COURSES BY DEPARTMENT

Welcome to the the Mount Douglas Secondary Course Guide. Please search by grade, department or course.
Feel free to contact the school if you have any questions: 250 477-6977.

[2024-25 Mt. Doug Course Planning Forms](#)

[2024-25 Registration Information](#)

Grade 9

[View requirements](#)

[View courses](#)

Grade 10

[View requirements](#)

[View courses](#)

Grade 11

[View requirements](#)

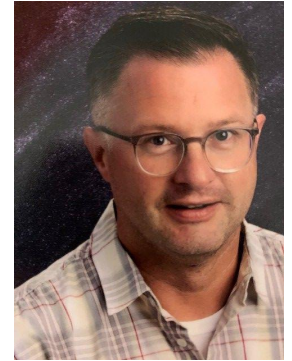
[View courses](#)

Grade 12

[View requirements](#)

[View courses](#)

CAREERS AND TRANSITIONS



- Start planning now for District Career Programs (Trades & Non Trades), TASK (Trades Exploration), Work Experience

See Ms. Dawson or Mr. Verhagen in the Career Centre

Info: [Secondary Schools - Pathways & Partnerships](#)

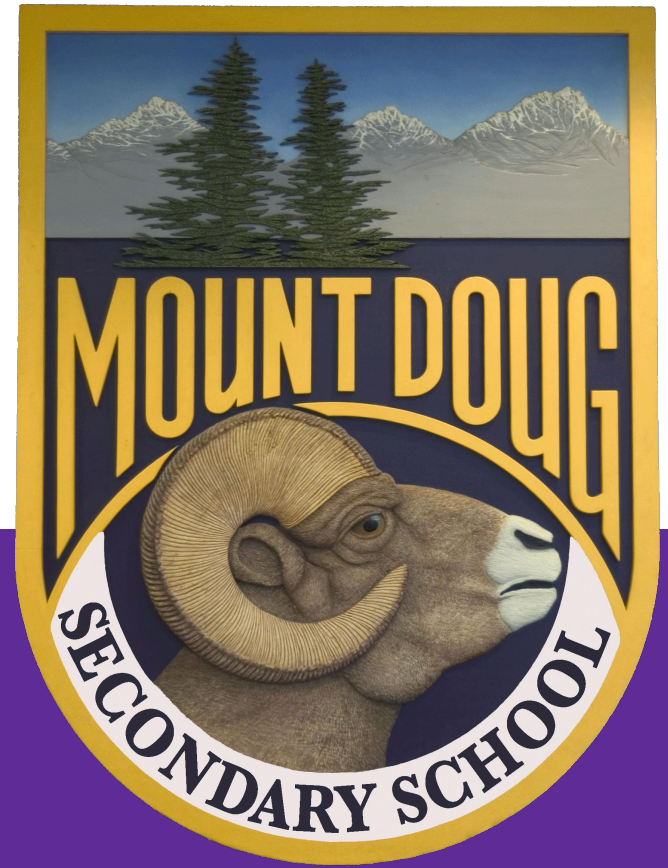
General Guidelines



- Any unsuccessful courses from grade 9 should be discussed with a counsellor (you may have some options)
- Make sure you think carefully and plan ahead for graduation
- Research and plan appropriately for post-secondary
- Ask your grade 9 teachers for advice
- PLEASE PICK AND STICK! (or you may be disappointed)

Making Final Selections

- Discuss selections with your parent/guardian
- Check the WEBSITE for more information and link to this slideshow
- PARENT/GUARDIAN SIGNATURE IS REQUIRED
- Grade 10 Course Selection forms due Feb. 18th



**Before you turn in
your form, take
a photo of it...**



**so that you have a record of what
you have chosen.**