



Mount Douglas Athletics 2026 Fall Sports Schedule

Information Meetings, Practice Dates & Times

Football (Junior: Grades 9&10)

Meeting for interested **new** players not already with the team:

Wed., Sept. 9th at the start of lunch in the gym

Practice Days:

Mon., Tue., Wed. or Thu., @ 5PM on the school field

Head Coach: Coach Dodd

Teacher Sponsor: Mr. Ball

Football (Senior: Grades 11&12)

Meeting for interested **new** players not already with the team:

Wed., Sept. 9th at the start of lunch in the gym

Practice Days:

Mon., Tue., Wed., Thu., @ 5PM on the school field

Head Coach: Coach Dodd

Teacher Sponsor: Ms. Williams

Girls Volleyball (Junior: Grades 9&10)

Information Meeting:

Wed, Sept. 9th at the start of lunch in the gym

Tryout Dates & Times:

Thu., Sept. 10th @ 3:15PM, Fri., Sept. 11th @ 2PM

Regular Practice Days and Times: *Tue. and Thu. after school*

Coach: Coach Currie

Teacher Sponsor: Mr. Ball

Girls Volleyball (Senior: Grades 11&12)

Information Meeting:

Wed., Sept. 9th at the start of lunch in the gym

Tryout Dates & Times:

Wed., Thu., Fri., Sept. 9th through 11th @ 6PM

Regular Practice Days and Times: *Mon, Wed, Thu evenings*

Head Coaches: Coach Mora

Teacher Sponsor: Mr. Ball

Boys Volleyball (Junior: Grades 9&10)

Information Meeting:

Wed., Sept. 9th after school in the gym

Tryout Dates & Times:

Wed., Thu., Fri., Sept. 9th through 11th @ 4:30PM

Regular Practice Days and Times:

TBA weekday afternoons/evenings

Coaches: Coach Ryan and Coach Wong

Teacher Sponsor: Mr. Ball

Boys Volleyball (Senior: Grades 11&12)

Information Meeting:

Wed., Sept. 9th after school in the gym

Tryout Dates & Times:

Wed., Thu., Fri., Sept. 9th through 11th @ 4:30PM

Practice Dates and Time: *Mon., Tue., Thu. evenings*

Head Coach: Coach Perra

Teacher Sponsor: Mr. Ball

Boys Soccer (Senior: 9-12)

Information Meeting:

Thu., Sept. 10th after school in the gym

Tryout Dates & Times:

Tryouts – Fri., Sept. 11th @ 3PM, Mon., Sept. 14th @ 3:30PM

Practice Day:

Mondays @ 3:30PM

Game Days:

Tuesdays and Thursdays after school

Coaches: Mr. Sails & Coach Sharma

Rowing (Junior and Senior: 9-12)

Information Meeting:

Thurs., Sept. 10th at the start of lunch in Room 122

Swim Test:

Sat., Sept. 12th at Elk Lake – time TBA. All athletes must pass this

Practices:

Wed. & Fri. @ 3:45PM, Sat. @ 10:15AM at Elk Lake.

Dryland Practices (Optional):

Mon., Tue. @ 3:15PM in Annex 4 and school weightroom

Coaches: Mr. McLaren & Mr. Hallett

Girls Field Hockey (Senior: 9-12)

Currently we do not have a coach for this team. The team won't happen without one – if you know someone who may be able to coach please have them email Mr. Ball at cball@sd61.bc.ca

Information Meeting:

Fri., Sept 11th at lunch in the gym

Practices:

TBA

Games:

Mon./Wed., 3:30-4:30 OR 4:30-5:30 at UVic Turf

Coaches: TBA

Teacher Sponsor: Mr. Ball

Swimming (9-12)

Information Meeting:

Wed., Sept. 16th at the start of lunch in the gym

Practices: *Times Tuesdays 3:30pm to 4:15pm at Gordon Head Pool*

Coach: Ms. Lindsay

Cross Country (Junior and Senior: 9-12)

Information Meeting:

Fri., Sept. 11th after school in the gym

Practice Days and Times:

Mondays and sometimes Thursdays after school

Coaches: Mr. Kidd, Jaxon, and Jack

Meet Days and Times:

1 race per week either Wednesday or Thursday after school

Teacher Sponsor: Mr. Ball

**Please listen to all morning announcements for any changes or additions to this schedule.
If you have any questions, please contact Athletic Director Mr. Ball at cball@sd61.bc.ca**