

MOUNT DOUG WEEKLY

Week 3 - September 28 - October 2

Monday/28

Tuesday/29

Wednesday/30

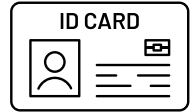
Thursday/01

Friday/02

Collaboration
Day
Classes begin at
10:00am

CUE event for
Grade 12s at
Oak Bay

National Day
for Truth and
Reconciliation
(no classes in
session)



Student ID Cards
will be handed
out at lunch in
the library

LOOKING AHEAD...

Thursday, October 8 - Indigenous Family Gathering 5-7pm at Mount Doug

Friday, October 9 - School Photo Retakes

Monday, October 12 - Thanksgiving Day (no classes in session)

Wednesday, October 21 - RAMPAC Meeting at 7:00pm

Thursday, October 22/23 - Grade 9 Band/Camp Pringle

Thursday, October 22 - Challenge Movie Night

Friday, October 23 - Pro-D Day (no classes in session for students)



ORANGE SHIRT DAY
SEPTEMBER 29th (IN SCHOOLS)
& 30th FOR
NATIONAL DAY FOR
TRUTH AND RECONCILIATION





MOUNTAIN WEST SCHOOL PHOTO ORDERING INFORMATION!

Exciting news! Your online gallery from your school photo session is now live!

- Please visit this link to access the gallery: [GALLERY LINK](#)
- The login code to access your images is on the yellow QR flyer your child was given on photo day. Please check with them.
- Any active email address can be used to login.
- Your order deadline is: October 2 2026 (after the deadline a late fee is applicable)

Missing your login code? No problem!

1. Visit [MOUNTAIN WEST WEBSITE](#)
2. Enter the information required.
3. Your code will be emailed within 1 business day.

Catch Up Photo Day:

- Did you miss the first photo day or are needing a retake? Retakes are offered for expression, poor posture, or head tilt; not for personal style changes (ie: change of clothing or hair). Please note all glass glare is removed on final prints.
- If you would like your photo taken, we will be at your school on: October 9 2026

[Click Here](#) to find out more about ordering.

Phone: 1.888.644.4494

Email: help@mountainwest.ca

THIS WEEK IN RAMS ATHLETICS



Monday, September 28th

Jr. Girls Volleyball exhibitions vs. Stelly's and Spectrum at 4pm @ MD Gym

Sr. Girls Field Hockey vs Claremont at 4:30pm @ UVic Turf

Sr. Boys Volleyball League vs. Spectrum and Lambrick Park at 6pm @ Spectrum

Tuesday, September 29th

Sr. Boys Soccer League vs. Pacific Christian @ 3:45pm @ MD Field

Sr. Girls Volleyball League vs. Claremont and Spectrum at 6pm @ Spectrum

Thursday, October 1st

Sr. Boys Soccer League vs. Brookes Westshore @ 3:45pm @ MD Field

Jr. Boys Volleyball League vs Stelly's at 4pm @ MD Gym

Sr. and Jr. Cross Country City Meet #2 at 3:45pm @ Royal Roads

Mt. Doug Athletics is currently searching for a Junior Basketball Coaches for our girls team for the upcoming season which runs from late October until early February. If you or someone you know may be interested in helping out the teams, please email Mt. Doug Athletic Director Chris Ball at cball@sd61.bc.ca

HEY! YEARBOOKS ARE ON SALE NOW

ORDER THE YEARBOOK TODAY!

LIKE, RIGHT NOW

Current Price \$55

Order now on School Cash Online
to guarantee your copy.

SheStart

JA Company Program at UVic

Build Your Own Start-up!

GRADES 9-12

SheStart is a tailored cohort of the JA Company Program for female-identifying students.

Work alongside other ambitious young women to create, launch and run a real business, supported by mentors who are Gustavson School of Business graduates, and local female founders. Gain hands-on experience in entrepreneurship and learn how to create positive social impact while building valuable skills in leadership, teamwork, communication, marketing and finance.

Program Details

- Meeting times: Wednesdays, 5:30–7:30 PM PT
- Runs October 14 2026 to April 14, 2027
- Market Day: April 10, 2027, | Kidovate at Victoria Bay Centre
- Location: Gustavson School of Business, University of Victoria
- Capacity: 30 students
- Eligibility: Female-identifying students
- Free of charge

What You'll Gain

- Create and operate a real student business
- Connect with inspiring female mentors and business leaders
- Build entrepreneurship and leadership skills
- Grow your professional network
- Meet other motivated young women
- Earn a JABC Certificate of Completion

**CLICK HERE
TO REGISTER**Or scan this
QR code

Need More Information?

Please visit
[JA Company Program](#)
or contact:

Craig Lovell
Senior Manager | c.lovell@jabc.org

Hello Parents and Students,

I am currently exploring an optional opportunity for students of Mount Douglas High School to travel to France and Spain from March 18 - March 28, 2027. These dates fall within the spring break of vacation from school.

Our itinerary offers a fantastic 10 day immersion into French and Spanish culture, including iconic landmarks like the Eiffel Tower and Sagrada Familia with deep dives into art (Louvre, Guggenheim), local life (Latin Quarter, Tapas, Flamenco), high speed train travel (TGV, AVE), and regional flavors (Basque Country), culminating in a vibrant Flamenco experience in Madrid. This trip highlights



cultural exploration and language immersion.

Here is a breakdown of this amazing journey:

France: Paris to Biarritz



Days 1-4 (Paris): Arrive in Paris, explore historical Ile de la Cite and Latin Quartier, enjoy a comprehensive city tour (Arc de Triomphe, Eiffel Tower), delve into art at the Louvre, wander artistic Montmartre (Sacre Coeur, Moulin Rouge), and cruise the Seine. Optional Visit: Versailles

Day 5 (Paris to Biarritz): A fast TGV ride takes you to Biarritz, introducing you to the French Basque culture.

Spain: Basque Country, Barcelona and Madrid

Day 6 (Basque Country): Explore San Sebastian and head to Bilbao for the stunning Guggenheim Museum.

Day 7 (Biarritz to Barcelona): Travel to Barcelona, tackle Las Ramblas with a scavenger hunt, and enjoy a traditional tapas dinner.

Day 8 (Barcelona to Madrid): Discover Gaudi's masterpiece (Sagrada Familia, Park Guell), experience Montjuic Hill, and engage in art/cooking workshops for a hands-on cultural experience.

Day 9 (Barcelona to Madrid): High-speed AVE train to Madrid; explore central squares (Puerta del Sol, Plaza Mayor) and visit Reina Sofia Museum.

Day 10 (Madrid): A guided tour covers Royal Palace, Gran Via, and other landmarks, setting the stage for fabulous Flamenco show to celebrate Spanish culture and language.

The emphasis of this trip is on culture and linguistic opportunities. All activities will provide rich, authentic experiences beyond just sightseeing.

For more information regarding the tour, travel company and how to enroll please visit explorica.ca/Ciccone-9731

THERE WILL BE AN INFORMATION MEETING FOR ALL STUDENTS CONSIDERING THIS AMAZING OPPORTUNITY ON:

MONDAY, SEPTEMBER 28 IN ROOM 209 (MS. CICCONE'S ROOM) DURING THE LUNCH BREAK

If you have any questions please do not hesitate to contact me at tmciccone@sd61.bc.ca

Thank you,

Teresa Ciccone

VICTORIA



TIME:
March 19 – March 29



2027 Spring Break



Chengdu & Beijing



Fees: **3550** CAD



This spring, embark on a 10-day cultural immersion journey in Beijing and Chengdu! Join in a perfect blend of hands-on learning and historical exploration! Officially guided by the **Embassy of the People's Republic of China in Canada**, the **China Center for International People-to-People Exchange of the Ministry of Education of China**, supported by the education administrative departments of Beijing and Chengdu, and with multiple Chinese schools and families involved.



Mary Shi, zshi@sd61.bc.ca

Application & Information Session Steps

1

Fill in the application form



2

Attend the Zoom online information session



Topic: Victoria International Education Spring Break China Exchange Information Meeting



Time: Oct 21, 2026 07:00 PM Pacific Time (US and Canada)



Join Zoom Meeting

<https://gvsd61.zoom.us/j/66547223011?pwd=JwIjVjx2bf9OvKaFUPIjhJGqNybhls.1>

Meeting ID: 665 4722 3011

Passcode: 562811



Donations to textiles classes!

We are seeking donations of used jeans and fleeces/hoodies for upcycling projects, as well as mid-weight fabrics for student projects.

THANK YOU!

